

# big love | KITCHEN

*healthy bowls with fresh hand cut fruit + flower petals*

<b>açaí bowl</b>	3 toppings of your choice	9.
<b>nirvana bowl</b>	house blend açai, strawberries, pineapple, banana, nutbutta, granola, vegan chocolate	11.
<i>our homemade sourdough toast served with tortilla chips + vegan atomic sour cream</i>		
<b>clayton</b>	avocado, extra virgin olive oil, pink salt, microgreens	8.5
<b>egg</b>	sliced cage free, organic, hard boiled eggs, dill, extra virgin olive oil, pink salt + pepper	7.5
<b>breakfast</b>	melted cheese sliced cage free, organic eggs, avocado, extra virgin olive oil, basil	8.5

*hand crafted savory dishes*

<b>sesame noodle salad</b>	rice noodles, carrots, bean sprouts, cilantro + cabbage, tamari-sesame dressing baby kale topped with cashews + smoked coconut	12.
<b>big love cobb salad</b>	cold roast chicken, hard boiled cage free organic egg, avocado, tomato, cucumber, baby kale, microgreens, lemon vinaigrette	12.
<b>buffalo cauliflower</b>	lightly spiced roast cauliflower, chopped celery, shredded cabbage, baby kale, lemon vinaigrette, diced onion	12.
<b>chick pea + yam salad</b>	roast yam, curried chick peas, dried cranberries, candied pecans, baby kale + lemon vinaigrette	12.
<b>blazin' burrito</b>	cheese, vegan chili beans, jalapenos, egg, green salsa, baby spinach, avocado, onion + tomatoes rolled and baked in a flour tortilla served with tortilla chips + 3 dips	11.5
<b>atomic burrito</b>	cheese, vegan chili beans, roast cauliflower, green salsa, baby spinach, avocado, onion + tomatoes rolled and baked in a flour tortilla served with tortilla chips + 3 dips	11.
<b>bbq rice bowl</b>	steamed brown rice, tamari bbq sauce, cilantro, baby spinach, pineapple, cucumber, sesame + nori -chicken 11.5 -tempeh 11. [ make it a wrap + 2.]	
<b>chips + dip</b>	raw celery, carrot + cucumber chips <u>or</u> tortilla chips, with our 3 scratch made sauces	4. side   6. plate



# big love | JUICE BAR

ORGANIC JUICE BLENDS *always raw, unfiltered + unpasteurized*  
small 6.5 | short 7.5 | tall 8.5 | xtall 9.5

**big love** beet, carrot, apple, lemon, celery

**detox** celery, spinach, cucumber

**warrior** kale, spinach, parsley, apple, lemon, ginger

**sunny** turmeric, ginger, lemon, apple

**half-half** choose 2 blends

SUPERFOOD SMOOTHIES *pre + probiotics, protein powder plus superfoods*  
xtra tall 8.5 | custom xtra tall 9.5

**karma** strawberry, mango, banana, pineapple, orange + elderberry powder

**baker** pineapple, mango, banana, coconut + blue spirulina

**nutbutta** our toasted almond nutbutta, banana, coconut, dark cocoa + MCT oil

**sundog** açai, blueberry, strawberry, pineapple, coconut + blueberry powder

**green passion** passion fruit, pineapple, spinach, vegan oat yogurt, coconut milk  
with butterfly pea flower, amla, moringa leaf + gotu kola powders

[ + vegan oat yogurt, samish bay yogurt or baby greens 2. ]

CELERY SHOTS shot 4.

*celery juice + superfood - fight inflammation, boost immunity, stimulate metabolism*

**ginger**

**turmeric**

**blue spirulina**

HOT STEAMED JUICE

tall 7.5

**lemon love** cayenne + camu camu powder, turmeric, ginger, lemon + apple juice

[ + manuka honey 1.5 ]

SUPERFOOD LATTES

short 5. | tall 6.5

**namastê** earl grey tea, camu camu, vanilla

**magic chai** chai tea, chocolate, mct oil

**just like fire** espresso, cinnamon, orange, MCT oil

**latte love** espresso, chocolate, ginger, turmeric

LATTES + MISTOS\*

short 4. | tall 5.5

**vanilla matcha**

**cocoa**

**golden**

**chai**

**roibos vanilla**

**mayan cocoa**

**lavender**

**matcha**

ESPRESSO

local maniac coffee

**espresso** dbl. 2.

**americano** 3.

**cortado** 3.5

ORGANIC TEA

short 3. | tall 3.5 | box of tea pouches 5.

**earl grey**

**green**

**decaf green**

**chai**

**mint**

**chamomile**

**lemon ginger**

**oolong jasmine**

**dandelion peach**

**roibos hibiscus**

\***latte** steamed milk + scratch made syrup plus your choice of espresso, chai, earl grey or green tea  
**misto** steamed milk + scratch made syrup      **milks** coconut, oat, hemp, almond, whole, low fat, half/half