

big love | KITCHEN

healthy bowls with fresh hand cut fruit + flower petals

açai bowl	3 toppings of your choice	8.5
nirvana bowl	house blend açai, strawberries, pineapple, banana, nutbutta, granola, vegan chocolate	11.

our homemade sourdough toast served with raw veggie chips + vegan atomic sour cream

clayton	avocado, extra virgin olive oil, pink salt, microgreens	8.5
egg	sliced cage free, organic, hard boiled eggs, dill, extra virgin olive oil, pink salt + pepper	7.
tuna	fresh parsley, celery, carrot, onion, extra virgin olive oil + lemon juice mashed with tuna	8.

warm sourdough toast melts served with raw veggie chips + vegan atomic sour cream

breakfast	sliced cage free, organic, hard boiled eggs, avocado, extra virgin olive oil, basil + cheese	8.5
zuanich	tuna mash-up, avocado, cheese	9.

hand crafted savory dishes + sides

sesame noodle salad	rice noodles, carrots, bean sprouts, cilantro, + cabbage tossed in tamari, sesame dressing served on a bed of baby kale topped with cashews + smoked coconut	11.5
smokey tempeh burrito	vegan cheese, smoked coconut, bbq tempeh, baby spinach, cilantro, pineapple, jalapenos, cabbage + sweet onion baked in a flour tortilla served with tortilla chips + 3 dips	11.
the AVO wrap	cheese, avocado, tomato, our lemony tuna mash-up + vegan dressing with baby spinach, pepitas, goji berries + balsamic drizzle rolled in a flour tortilla served with tortilla chips + 3 dips	10.5
blazin' breakfast burrito	cheese, vegan chili beans, jalapenos, egg, green salsa, baby spinach, avocado, onion + tomatoes rolled and baked in a flour tortilla served with tortilla chips + 3 dips	10.5
atomic burrito	cheese, vegan chili beans, roast cauliflower, green salsa, baby spinach, avocado, onion + tomatoes rolled and baked in a flour tortilla served with tortilla chips + 3 dips	10.5
aloha bowl	steamed brown rice, tamari bbq chopped chicken, cilantro, baby spinach, pineapple, cucumber, toasted sesame, black sesame + nori	9.5
rice bowl	steamed brown rice, vegan chili, avocado, cilantro, pepitas + smoked coconut served with tortilla chips + 3 dips	8.5
kale + pecan salad	baby kale, carrots, apple + cucumbers tossed in lemon vinaigrette, topped with candied pecans, goji berries, pepitas, balsamic drizzle + vegan atomic sour cream on the side	8.5 half 11. full
chips + dip	raw celery, carrot + cucumber chips or tortilla chips, with our 3 scratch made sauces	4 side 6 plate



big love | JUICE BAR

ORGANIC JUICE BLENDS *always raw, unfiltered + unpasteurized*
small 6.5 | short 7.5 | tall 8.5 | xtall 9.5

big love	beet, carrot, apple, lemon, celery	detox	celery, spinach, cucumber
warrior	kale, spinach, parsley, apple, lemon, ginger	sunny	turmeric, ginger, lemon, apple
half + half	choose 2 blends	mighty	a short juice + a mighty mini mixed 10.

MIGHTY MINIS *organic superfoods + juice*
mini 4.

aquamarine	blue spirulina powder, pineapple + celery juice
mega meta	cayenne + camu camu powder, turmeric, ginger, lemon + apple juice

INFLAMMATORY CHASERS *detox duos to fight inflammation + boost vitamin C*
shot 4.

G.P.	ginger + pineapple
T.O.	turmeric + orange

SUPERFOOD SMOOTHIES *pre + probiotics, protein powder plus superfoods*
xtra tall 8.5 | custom xtra tall 9.5

karma	strawberry, mango, banana, pineapple, orange + elderberry powder
baker	pineapple, mango, banana, coconut + blue spirulina
nutbutta cup	our toasted almond nutbutta, banana, coconut, dark cocoa + MCT oil
sundog	açaí, blueberry, strawberry, pineapple, coconut + blueberry powder
green passion	passion fruit, pineapple, spinach, coconut butterfly pea flower, amla, moringa leaf + gotu kola powders [+ housemade vegan yogurt, samish bay yogurt or baby greens 2.]

HOT STEAMED JUICE
tall 7.5

lemon love	cayenne + camu camu powder, turmeric, ginger, lemon + apple juice [+ manuka honey 1.5]
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SUPERFOOD LATTES
short 5. | tall 6.5

namastê	earl grey tea, camu camu, vanilla	magic chai	chai tea, chocolate, mct oil
just like fire	espresso, cinnamon, orange, MCT oil	latte love	espresso, chocolate, ginger, turmeric

LATTES + MISTOS*
short 4. | tall 5.5

peppermint patty	vanilla matcha	cocoa	golden	vanilla bean
roibos vanilla	mayan cocoa	lavender	chai	matcha

ESPRESSO
local maniac coffee

espresso	dbl. 2.
americano	3.
cortado	3.5

ORGANIC TEA
short 3. | tall 3.5 | box of tea pouches 5.

earl grey	chai	lemon ginger
green	mint	oolong jasmine
decaf green	chamomile	dandelion peach
		roibos hibiscus

*latte steamed milk + scratch made syrup plus your choice of espresso, chai, earl grey or green tea
misto steamed milk + scratch made syrup milk choices coconut, oat, hemp, almond, whole, low fat, half and half